

BOARDING STUDENTS – WHAT TO BRING

STUDENT'S NAME SHOULD BE ON ALL ITEMS, INCLUDING CLOTHING.

Personal Items (Personal hygiene items and other personal items are readily available locally)

- Toothbrush, toothpaste and dental floss
- Shampoo and conditioner
- Deodorant (unscented)
- Soap
- Hairbrush
- Bedding – Pillows, sheets (2 sets) and comforter (twin) – not down-filled due to allergies
- Bath towels, face cloths, hand towels, shower puff
- Gym/beach towels
- Water bottle
- Back pack
- Laundry basket or laundry hamper
- Laundry soap and fabric softener (unscented)
- Nail clippers, nail file
- Razors and shaving cream

In consideration of those with environmental sensitivities, Landmark East School strives to be a SCENT-FREE SCHOOL.
Products that contain chemicals that negatively affect those with environmental sensitivities include perfume, cologne, body spray, hair products, deodorant, aftershave, soap, laundry detergent and fabric softener.

School Uniform Clothing

- 1 white and/or light blue oxford dress shirt/blouse (wrinkle resistant)
- 5 white, light blue and/or navy golf shirts (polo shirts)
- 4 pairs navy and/or khaki pants (wrinkle resistant)
- 2 navy and/or khaki skirts, skorts or jumper dresses (or hunter green/navy blue plaid from Lands' End)
- 1 navy sweater (cardigan or pullover)
- 1 tie (navy or hunter green/navy blue plaid from Lands' End)
(Lands' End hunter green/navy blue plaid ties available for purchase from school office)
- 1 black or brown belt (at least 1 black)
- 1 pair navy and/or khaki Bermuda shorts
- 5 pairs black socks or navy tights and/or knee socks
- 1 pair black shoes (loafers or lace up) – closed toes, closed heels

BOARDING STUDENTS – WHAT TO BRING (continued)

Non-Uniform Clothing

- 1 pair sneakers for outdoor use
- 1 pair sneakers for indoor use
- 3 pairs pants (e.g., jeans)
- 5 T-Shirts
- 5 tops/shirts
- 3 sweaters (includes jerseys, sweatshirts, hoodies)
- 2 pairs shorts
- 10 pairs socks
- 10 pairs underwear
- Pyjamas
- Swimsuit
- Light jacket (spring and fall)
- Rain jacket/rain pants
- Rubber boots/hiking boots
- Ball cap/sun hat
- Athletic clothing
- Winter coat
- Winter boots
- Snow/ski pants
- Winter gloves and hat

Note: Winter clothing is available locally in season

Optional Items

- Laptop, Tablet
- Cell phone
- Camera
- Sports equipment (in season) — skis, baseball glove, tennis racket
- Ice skates
- Bicycle and helmet (Nova Scotia law requires that helmets be worn)
- Sunscreen, insect repellent, sun glasses
- Flashlight/headlamp

Students do their laundry once a week.