

2018-2019
5-Week Rotating Menu

Week #1

	MON	TUE	WED	THU	FRI	SAT	SUN
LUNCH	Soup	Soup	Soup	Soup	Soup	BRUNCH	BRUNCH
	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Juice Cereal Yogurt Toast/Bagels Fried Eggs Pancakes Sausage/Bacon	Juice Cereal Yogurt Toast/Bagels Egg Omelets Pancakes Sausage/Bacon
	Baked Fish	Chicken Hash Brown Casserole	Hamburger Macaroni Tomato Casserole	Pizza	Grilled Cheese Sandwiches		
	Rice						
	Vegetable						
SUPPER	Spaghetti	Beef Stir Fry	¼ Chicken	Baked Ham	Homemade Fish Sticks	Shepherd's Pie	Pork Chops
	Garlic Buns	Rice	Potatoes	Roast Potatoes	Rice	Layered casserole of ground beef and veggies topped with mashed potatoes	Mac & Cheese
		Egg Roll	Vegetable	Vegetable	Vegetable		Vegetable
		Rolls	Rolls	Rolls			

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Week #2

	MON	TUE	WED	THU	FRI	SAT	SUN
LUNCH	Soup	Soup	Soup	Soup	Soup	BRUNCH	BRUNCH
	Salad Bar Hamburgers	Salad Bar Chicken Caesar Salad	Salad Bar Ham & Cheese Croissants	Salad Bar Chicken Burgers Breaded chicken patty on a bun	Salad Bar Mozza Bake Ground beef, mozzarella cheese, tomato soup, mushroom soup and pasta	Juice Cereal Yogurt Toast/Bagels Fried Eggs Pancakes Sausage/Bacon	Juice Cereal Yogurt Toast/Bagels Egg Omelets Pancakes Sausage/Bacon
SUPPER	Teriyaki Chicken and Salsa Chicken Rice Vegetable Rolls	Baked Fish with Mushroom Sauce and Cheese Potatoes Vegetable Rolls	Chicken Stir Fry Egg Roll Rice Rolls	Beef or Chicken Lasagna Garlic Buns	Steak Potatoes Mushrooms Onions Vegetable	¼ Chicken White or Dark Meat Potatoes Vegetable	Spaghetti and Meat Sauce Garlic Buns

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Week #3

	MON	TUE	WED	THU	FRI	SAT	SUN
LUNCH	Soup	Soup	Soup	Soup	Soup	BRUNCH	BRUNCH
	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar		
	Fish Burgers	Tacos	Subs Submarine Sandwich	BLTs Toasted Bacon, Lettuce and Tomato Sandwiches	Fish Cakes Spaghetti Aglio E Olio Spaghetti with garlic and oil	Juice Cereal Yogurt Toast/Bagels Fried Eggs Pancakes Sausage/Bacon	Juice Cereal Yogurt Toast/Bagels Egg Omelets Pancakes Sausage/Bacon
SUPPER	Sweet & Sour Pork on Rice	Turkey	Baked Fish	Chicken Fettuccine Alfredo	Meatballs	Pizza	BBQ Chicken
	Vegetable	Potatoes	Rice	Rolls	Rice		
	Rolls	Vegetable	Vegetable	Vegetable	Egg Rolls	Hash Browns	
		Gravy	Rolls			Vegetable	
		Rolls					

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Week #4

	MON	TUE	WED	THU	FRI	SAT	SUN
LUNCH	Soup	Soup	Soup	Soup	Soup	BRUNCH	BRUNCH
	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Juice Cereal Yogurt Toast/Bagels Fried Eggs Pancakes Sausage/Bacon	Juice Cereal Yogurt Toast/Bagels Egg Omelets Pancakes Sausage/Bacon
	Tuna Casserole	Beef & Cheese on a Bun Vegetable	Sandwiches Tuna Melts	Donairs	Homemade Chicken Nuggets Hash Browns Vegetable		
SUPPER	Steak	Chicken Divan	Baked Ham	Roast Beef	Pizza	Chicken Stir-Fry	Lasagna
	Potatoes	Noodles	Scalloped Potatoes	Potatoes		Egg Roll	Garlic Bread
	Vegetable	Vegetable	Vegetable	Vegetable		Rice	
	Onion and Mushroom Gravy	Rolls	Rolls	Gravy			
	Rolls			Rolls			

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Week #5

	MON	TUE	WED	THU	FRI	SAT	SUN
LUNCH	Soup	Soup	Soup	Soup	Soup	BRUNCH	BRUNCH
	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar		
SUPPER	Sloppy Joes Ground beef, onions, tomato sauce, seasonings served on a bun	Beans and Wieners	Pulled Pork Sandwich	Macaroni and Cheese	Baked Potato Bar Baked potato with toppings: Bacon Cheese Salsa Sour Cream	Juice Cereal Yogurt Toast/Bagels Fried Eggs Pancakes Sausage/Bacon	Juice Cereal Yogurt Toast/Bagels Egg Omelets Pancakes Sausage/Bacon
	Chicken Pot Pie OR Curry Chicken Dish Rolls	Meatloaf Noodles Gravy Vegetable Rolls	Chicken Quesadillas Caesar Salad Rolls	Roast Pork Potatoes Vegetable Gravy Rolls	Grilled Chicken Sandwich Sweet Potato Fries	Beef Stroganoff	Turkey Potato Vegetable Gravy