

## DRESS CODE

Our neuro-diverse learners often have clothing sensitivities. In light of this, it is the expectation that students wear comfortable clothing throughout the week. However, it is important that clothes be **school appropriate**.

### Guidelines for School Appropriate Clothing:

- Clothing (including jeans) free of rips, tears or holes
- Clothing free of controversial, degrading or offensive messaging, words, images, symbols, etc.
- Clothing (shirts, tops and bottoms) that ensures the chest area, midriff and undergarments are covered (e.g., no spaghetti straps, strapless tops, muscle shirts, off-shoulder shirts, belly tops, tank tops or short shorts, etc.)
- Hats may be worn in the main building (excluding the dining hall) as long as the face is visible
- Hoodies must not obstruct the face
- Landmark East Spirit Wear items

**Note:** Blankets and pajama bottoms are **NOT** school appropriate

### SPARK Clothing:

- Shorts or yoga pants
- Cotton or breathable sports T-shirt
- Cotton socks
- Comfortable footwear – sneakers

**Note:** Students are permitted to wear SPARK clothing to school in the morning and then change into their school appropriate clothing after SPARK to be worn for the remainder of the day.

### Special Occasions:

There are several events that take place during the school year when students are asked to dress more formally.

- **Walkathon Canvassing:** The annual walkathon is one of the major fundraising events for the Student Bursary Fund. Students, staff and parents work together to canvass local neighborhoods helping raise awareness and bursary funds. We ask students to dress in spirit wear when going canvassing as this helps build awareness in the community and identifies them as a Landmark East School student.
- **School Picture Day:** We ask that students dress a bit more formally for school picture day. **Tip:** Picture quality is improved if students choose a shirt/top that is a solid colour. In some cases, parents may prefer to have the school photo of their child wearing something with the school crest on it.
- **Graduation:** This is a semi-formal event (**no jeans or sneakers**). Students are asked to wear either:
  - dress pants and a long-sleeved shirt, with dress shoes, black socks (preferred) – a tie is optional;
  - OR
  - skirt and blouse, or dress and dress shoes

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